



Elm Dance at Yellow Bird

Full Moon Saturday June 2

Join us for an evening of inspiration, solidarity and healing at Yellow Bird Farm, Woodbury at the next Full Moon. We will begin with a potluck dinner (6pm) - vegetarian food only please - and then Angie Ott will lead us in the Elm Dance around the lake at 8pm.

What is the Elm Dance?

It is a dance of planetary healing. Joanna Macy explains it like this:

"There is a circle dance we do in every workshop and class I teach, whether it's on systems theory, Buddhism, or deep ecology. We do it to open our minds to the wider world we live in and strengthen our intention to take part in its healing."

Set to the haunting strains of a Latvian song, the Elm Dance took form in Germany in the 1980s, and in the early 1990s moved eastward to the areas poisoned by the Chernobyl disaster [where] the dance became an expression of the will to live.

The dance began to spread and spread and keep on spreading, beyond all reckoning, with a momentum of its own. As we began to realize, the dance gives activists and lovers of life the world over a tangible way to feel their bone-deep commitment and their solidarity with each other across the miles."

What is Yellow Bird Farm?

Yellow Bird is David Wood's wildlife sanctuary and future sculpture park. It was recently a farm and is still home to a herd of very large and beautiful goats. A long drive through open woods leads into a wide, bowl-shaped valley of rolling meadows and two lakes with trees on the surrounding hillsides. Parking is in a grassy field.

Directions: At the west end of Woodbury, turn south on W.Adams (that's RIGHT coming from M'freesboro), then take the first right onto Sunny Slope Rd. After about 1 mile, after Lee Estates, at the top of the rise, take a sharp left up our drive. A yellow bird swirling on a wire near the road marks the drive. Keep on going for about $\frac{1}{2}$ mile. Call David at # 615-308-0262 if you need help.

What to bring: vegetarian food to share, flashlights, bug stuff, swimming stuff (optional)